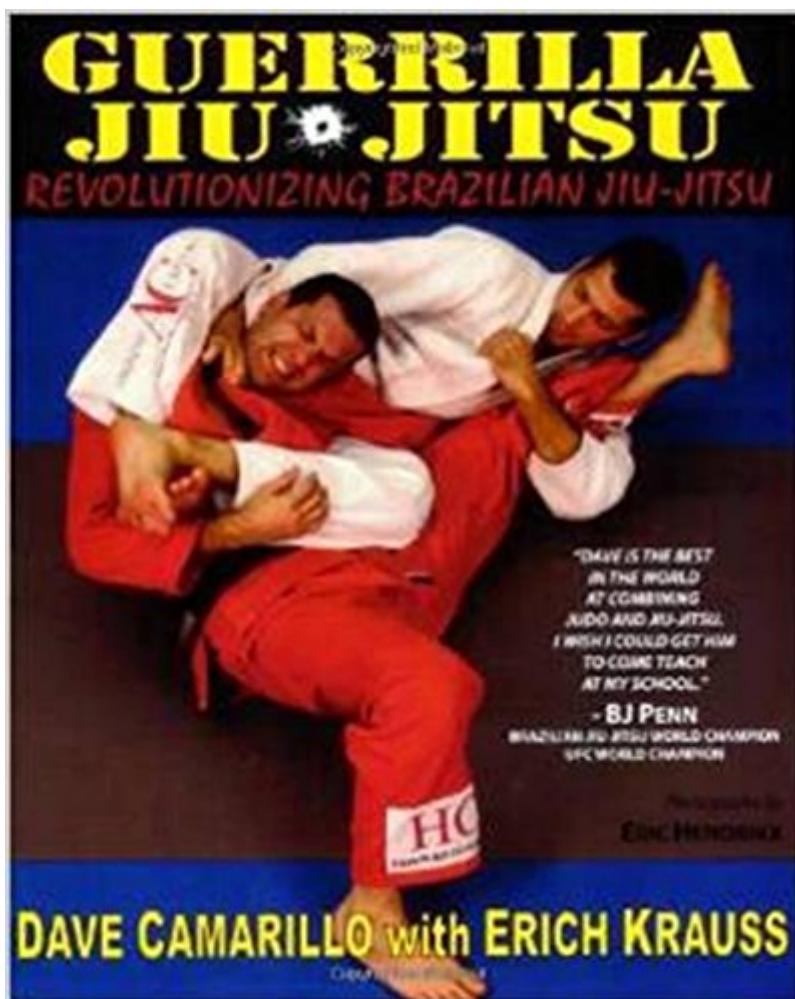




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Guerrilla Jiu-Jitsu: Revolutionizing Brazilian Jiu-jitsu



Synopsis

Guerrilla Jiu-Jitsu is a groundbreaking system of grappling that integrates the Olympic sport of judo with Brazilian Jiu-Jitsu, today's most sought after grappling art. These are the techniques and strategies that allowed Camarillo to devastate the competition at some of the world's most prestigious judo and jiu-jitsu tournaments and have led his students to more than a dozen victories in the Ultimate Fighting Championship. Guerrilla Jiu-Jitsu offers a leg up on virtually every opponent who refuses to stray from the parameters of his discipline.

Book Information

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Customer Reviews

Dave is the best in the world at combining judo and jiu-jitsu. -- BJ Penn, Brazilian Jiu-Jitsu World Champion, UFC World Champion
Once I started the introduction, I couldn't put it down. -- Barry Eisler, author of Killing Rain

The founder of Guerrilla Jiu-Jitsu, Dave Camarillo took over UFC Champion Frank Shamrock's position as head grappling coach at the American Kickboxing Academy (AKA). He shares his wealth of knowledge in Judo and Jiu-Jitsu at AKA, one of the top gyms in the world, and he coaches professional UFC fighters such as Paul Buenetello, Trevor Prangle, John Fitch, Mike Swick, and Josh Koscheck from the Ultimate Fighter show on Spike TV. He also coaches Pride Fighters Josh Thompson and Phil Baroni. David Camarillo received his black belt in jiu-jitsu from Ralph Gracie. He also trained under World Judo Champion and four time Olympic medalist Mike Swain. After Camarillo's terrorizing victories in both the lightweight and open classes at

the RG American Jiu-Jitsu Association tournament, Rickson Gracie presented Camarillo with the prestigious award of "Most Technical American Jiu-Jitsu Fighter." In Judo, Camarillo was Ranked #2 in the nation in 2000.

Dave Camarillo provides an excellent bridge between Judo and Jiu-Jitsu in this innovative instruction manual. This isn't your traditional, "My take on jiu jitsu" book - it shares insights of the few practioners to reach world class levels in both Judo and Brazilian Jiu Jitsu. As such, it has more Gi standup material than most books, and successfully integrates the Judo throws into submissions from transition. Camarillo also shows "flying" attacks, integrating submissions to the stand-up game. He's uniquely qualified to present these integrations. Positives noted, this book isn't for everyone. It isn't aimed at detailing basics and fundamentals - there are much better books out there that specialize in jiu jitsu 101. It's also not encyclopedic. There are other books that do a better job cataloguing all the moves out there. That said, Camarillo certainly has enough knowledge to put out a sequel or two. I hope he has time to write them.

Like many other innovators before him, he was willing to step outside the norms of judo to see advantages in furthering his Newaza game by training in BJJ. Much to the dismay of his SJSU coaches, but you can't argue with his record both as a competitor and a coach. Great stuff.

Awesome book. No one is as good as Dave at transitions and creating a perfect flow between arts. Highly recommend.

Thanks

Dave does a great job of breaking down all the moves step by step with photos to help guide you. His narration about the sport is also very interesting.

Excellent!!!

Overall, I found this to be an excellent addition to any grapplers library. I think BJJ needs to have more emphasis on the standup portion of the game and this book certainly helps fill the void. The pictures were clear, easily understood as was the text. Both participants wore different colour uniforms so it was easy to differentiate them (a problem when everyone wears a white gi). I had

given this book 4 stars but as I read it again and again my opinion keeps going up. Excellent book worthy of 5 stars!

Regardless of whether you practice Judo or Jiu Jitsu, this book is for you. Great approach to take downs and submissions. Pictures are good.

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